**January 2016**

**Fitness Tip**

Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  **Preschool Lunch $4.25** **Wednesday is always Chick-Fil-A Day** **Friday’s are always Pizza Day****Monday**Description: asterisk-day.png |  |  |  | No School**Christmas****Break** |
| No School**Christmas****Break** | Mac and CheeseGreen BeansGrapesDessertDrink | Chick-Fil-A NuggetsSweet Potato FriesApple SlicesDessertDrink | Hot Dog/ Corn DogTatter TotsHalf BananaDessertDrink | Cheese Pizza GrapesOrange SlicesDessertDrink  |
| Grilled Chicken NuggetApple SlicesCarrot/Celery SticksDessertDrink | Peanut Butter and JellyGrapesMandarin Orange SlicesDessertDrink | Chick-Fil-A NuggetsSweet Potato FriesApple SlicesDessertDrink | Fish SticksChipsMandarin OrangesDessertDrink | Pepperoni Pizza PocketGrapesOrange SlicesDessertDrink |
| No School**Martian Luther King Jr Day**  | MeatballsGrapesMandarin Orange SlicesDessertDrink | Chick-Fil-A NuggetsSweet Potato FriesApple SlicesDessertDrink | Pasta with Meat SauceGreen BeansBread StickDessertDrink | Cheese Pizza GrapesOrange SlicesDessertDrink |
| Beef Philly SliderApple SlicesCarrots/Celery SticksDessertDrink | Hamburger/Cheese BurgerFrench FriesGrapesDessertDrink | Tyson Chicken NuggetsSweet Potato FriesApple SlicesDessertDrink | Grilled CheeseChipsHalf BananaDessertDrink | Pepperoni Pizza PocketGrapesOrange SlicesDessertDrink |

**North Florida Christian School Preschool**

**Friday**



**Thursday**



**Wednesday**



**Tuesday**

