**January 2016**

**Fitness Tip**

Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

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| **Preschool Lunch $4.25**  **Wednesday is always Chick-Fil-A Day**  **Friday’s are always Pizza Day**  **Monday**  Description: asterisk-day.png |  |  |  | No School  **Christmas**  **Break** |
| No School  **Christmas**  **Break** | Mac and Cheese  Green Beans  Grapes  Dessert  Drink | Chick-Fil-A Nuggets  Sweet Potato Fries  Apple Slices  Dessert  Drink | Hot Dog/ Corn Dog  Tatter Tots  Half Banana  Dessert  Drink | Cheese Pizza  Grapes  Orange Slices  Dessert  Drink |
| Grilled Chicken Nugget  Apple Slices  Carrot/Celery Sticks  Dessert  Drink | Peanut Butter and Jelly  Grapes  Mandarin Orange Slices  Dessert  Drink | Chick-Fil-A Nuggets  Sweet Potato Fries  Apple Slices  Dessert  Drink | Fish Sticks  Chips  Mandarin Oranges  Dessert  Drink | Pepperoni Pizza Pocket  Grapes  Orange Slices  Dessert  Drink |
| No School  **Martian Luther King Jr Day** | Meatballs  Grapes  Mandarin Orange Slices  Dessert  Drink | Chick-Fil-A Nuggets  Sweet Potato Fries  Apple Slices  Dessert  Drink | Pasta with Meat Sauce  Green Beans  Bread Stick  Dessert  Drink | Cheese Pizza  Grapes  Orange Slices  Dessert  Drink |
| Beef Philly Slider  Apple Slices  Carrots/Celery Sticks  Dessert  Drink | Hamburger/Cheese Burger  French Fries  Grapes  Dessert  Drink | Tyson Chicken Nuggets  Sweet Potato Fries  Apple Slices  Dessert  Drink | Grilled Cheese  Chips  Half Banana  Dessert  Drink | Pepperoni Pizza Pocket  Grapes  Orange Slices  Dessert  Drink |

**North Florida Christian School Preschool**

**Friday**

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**Thursday**

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**Wednesday**

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**Tuesday**

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